

THE FRIENDS' HOSPICE PAPHOS

(A Charity registered with Ministry of Finance ref 13.36.002.04)

PATRON – Dr. ADAMOS ADAMOY MD *former MP & former MEP*



Spring Newsletter April 2010

Dear Friends

Spring is in the air and it is time for another Newsletter. As the new Hon. Secretary I am writing an introduction to the Newsletter which this time comprises submissions by a variety of contributors with news and information

I must, however, make reference to the recent AGM. We must all try to put it behind us whilst at the same time learning from it. Your Committees acknowledge and appreciate that there will always be differing viewpoints but we must all try to work more closely together and remember who we are all working for – the patients. With them in mind there really is **no** room for ‘personalities’

At the end of the day there was the required majority support for both the new Constitution and Rules. This does not mean, however, that these documents are perfect and there is always room for improvement. I believe that these documents form a good and solid basis for the future but any suggestions for fine-tuning will always be considered. Ministry approval for the Foundation is being actively pursued.

I am sure you will all join me in thanking both Keith and Angela McIntyre for their hard work over the years as Hon. Secretary and Membership Secretary. We wish them well for their future off the Island

Finally I wish to remind you that Stephen Willis, after many years hard work on behalf of the Hospice, expressed a desire at the AGM to retire as Chairman when a replacement could be identified. Nominations for this position were invited but as yet none have been received for consideration; this invitation remains open.

Stan Lee Hon. Secretary

stansec1@spidernet.com.cy

Email address kindly provided by Spidernet free of charge, for which many thanks

The Hospice at work



In anticipation of the changes to come in due course, following the Resolutions passed at the AGM, the previous Fund Raising Sub Committee is now referred to as the Friends' Hospice Support Group (FHSG) committee.

Frank Chapman, the FHSG Chairman, writes:

It is with pride and commitment that I and the rest of the FHSG committee have accepted the challenge of over-seeing all aspects of raising finance in support of the Friends' Hospice, i.e. all Events, Functions, the Shops and the Containers. One aim is to ensure that there is adequate communication between ourselves, the main committee, the Hospice and you our members

We also aim to ensure accountability with a new structure designed to place a person, or group, with specific responsibility for different aspects of our work reporting back to the FHSG committee. The committee members with their responsibilities are shown below:

Frank Chapman	Chairman	(Also serves on the main committee)
Nick Smith	Vice Chairman	(Also serves on the main committee)
Brian Hill	Treasurer	(Also serves on the main committee)
Chrissie Jackson	Secretary	
Mike Strand	Membership	(Also serves on the main committee)
Caroline Harman-Smith	Events	
Bev Cheesman	Shops & Containers	
Jane Smith	Books	
Sue Demetriou	Pots and Tins	

You have my assurance that the people who have taken on these responsibilities have been chosen for their expertise or experience, and commitment to the Hospice

Any member who has queries with any aspects of our work is welcome to contact us through the Secretary Chrissie Jackson who can be contacted on cjackson@cytanet.com.cy

Much of our work would be impossible without the army of volunteers who operate our shops and assist in other areas and I wish to take this opportunity to express our sincere thanks for all their hard work. However, we do need more volunteers, both for the shops and in other areas, and I thus appeal for anybody who is prepared to assist to contact us as follows:

Shops	Bev Cheesman	96 531268
Other areas	Chrissie Jackson	cjackson@cytanet.com.cy

Ruth Marsh, our Hospice Manager, provides ‘News from the Hospice’

The Hospice and staff are thriving. This year has got off to a busy start. To date we have cared for 40 patients plus their families. We welcome a new addition to our team, Staff Nurse Louise Mc Nee. She has previous hospice experience and is an asset to our team.



In March, Sister Mandy Gunn completed the recent 10Km run and has raised €900 for the hospice. Bravo Sister!

Mandy said “It was exhilarating and I was given great support by friends and colleagues. I hope it will help to raise awareness of the Hospice.”

Also in March the Hospice held its first wedding. A patient’s daughter wished to be married at her father’s bedside so the Hospice and staff were able to join in the celebration. This would not have been possible without the help of the Hospice staff and the Registrar. The reception was held on the roof garden



It is with sadness that we say goodbye to Mini Xavier one of our Indian staff nurses. She has been with the Hospice since November 2007 and has been a wonderful nurse. Mini is leaving to return to India to join her husband. We all wish her well.

Any member wishing to visit the Hospice is most welcome, but please phone me first (26 848110) to arrange a suitable time as our main priority must be for our patients’ needs

Brian Hill, Hon. Treasurer, reports:

The Accounts to 31 December 2009, as presented at the AGM, showed a healthy and stable financial position. This remains the case as at 31 March but the actual income levels for the first three months of 2010 are down compared with the quarterly average for 2009 in all three main areas of Shops, Donations and Fund raising, although in line with the first quarter of last year.

There has been some disruption to the staffing of Shops in the first quarter which is being addressed and the level of Donations may be suffering the effects of the continued economic woes and the fall of Sterling. All members and volunteers will be aware of the need for continued efforts

Mike Strand is our new Membership Secretary and can be contacted on:
friendshospice_memsec@hotmail.com

Mike writes: Don't ever get stuck again at the supermarket trolley without a coin. Our shops in Chlorakas, Polis & Pissouri have available trolley tokens - just swap your €2 for a token key ring and never have to queue again at the Customer Service desk for change. Get one for yourself and one for your other half.

Caroline Harman-Smith reports:

Friends' Hospice 4th Birthday. Sixty five members and friends met at the Old Water Mill near Giolou to celebrate the fourth birthday of the Friends' Hospice. An excellent meal and raffle raised € 700 for the funds, plus we sold many of the new trolley tokens.



Please put the following dates in your diary:

Monday 17th May. Aliathon Bowling Club. The Club is holding an Open Day, an all day event with stalls, bowling etc. Proceeds to Friends' Hospice. We shall have our own stalls there

Wednesday 2nd June. the Sanctuary Anavargos 4.p.m Girls only event.

Lindsay's garden the setting for a must have event. Learn how to have a correct bra fitting no matter whether you are egg cup or championship cup. Hear Dr. Lorna tell all on breast examination, a must for every woman. Maybe buy a new bra from Angel Bras and enjoy a glass of wine and a nut or two. Only €5. Let us know if you can make it and bring your girl friends. Phone 26 111641

Saturday 19th June. 22 Kafisii, Sea Caves, Peyia

Friends Hospice Summer Barbecue and book sale, tombola, garden pots, 11am - 3 pm
Always a great event. Contact 99 699174

Jane Smith wishes to remind everyone that there are now four book sales every month.

Peyia: First Wednesday monthly at the Grande Café (1300 – 1600)
Pissouri: Second Wednesday monthly at the Symposium
Taverna (1000 – 1600)
Armou: Last Wednesday monthly at the Old School (1300 – 1700)
Tremithousa: Second Friday monthly at the Community Centre
(next to Ollie's) (1300 – 1700)

For more details phone Jane on 99 934749

Rod Morement writes:

Dear Friends. My name is Rod Morement and I have recently been asked by the Committee to take on Press, PR and Corporate relations for the English-speaking Community on behalf of the Friends' Hospice; I am taking over these duties from Caroline Harman-Smith whose hands are more than full organising fund-raising

events. I shall be working closely with Estelle du Toit who handles these activities for the Greek-speaking Community.

If you are approached by the English press for any comments about the Hospice, please refer them to me. It is very important that liaison with the press is 'managed' and we communicate one common message.

In order to move forward, we need to try and get more corporate sponsorship on board and to improve the image of the Hospice even further. That is my job and I hope you will all work with me to try and achieve this. If you have any ideas regarding PR activities I would be pleased to hear from you and discuss your thoughts. Contact details below.

E-Mail: rod.morement@holitec.eu

Telephone: 99 420280

Rod also mentions:

Akrotiri Flying Club are hosting the Big Breakfast Challenge on the Thursday 13th May. This is in aid of the "Open Arms" Charity, which Friends' Hospice members may be interested in attending.

Tickets: Economy €10, Business €20.

For more information or tickets contact: Pauline Crump on 26 220106.

STOP PRESS

Do you shop at Marks and Spencer?

Do you not absolutely need the points that you could earn?

*Why don't you **donate** your points for the benefit of our Hospice. When at the till just tell the cashier that you wish to donate your points to the Friends' Hospice by allocating them to the card in the name of Caroline Harman-Smith (the account number is 9080700006871247 but I am assured you do not need this); we are unable to obtain a card directly in the name of the Hospice but please rest assured that points donated to the card in Caroline's name will be used for the benefit of the Hospice. Please tell all your friends*